

Fundy National Park



Parc national Fundy

Gouvernement
Publications

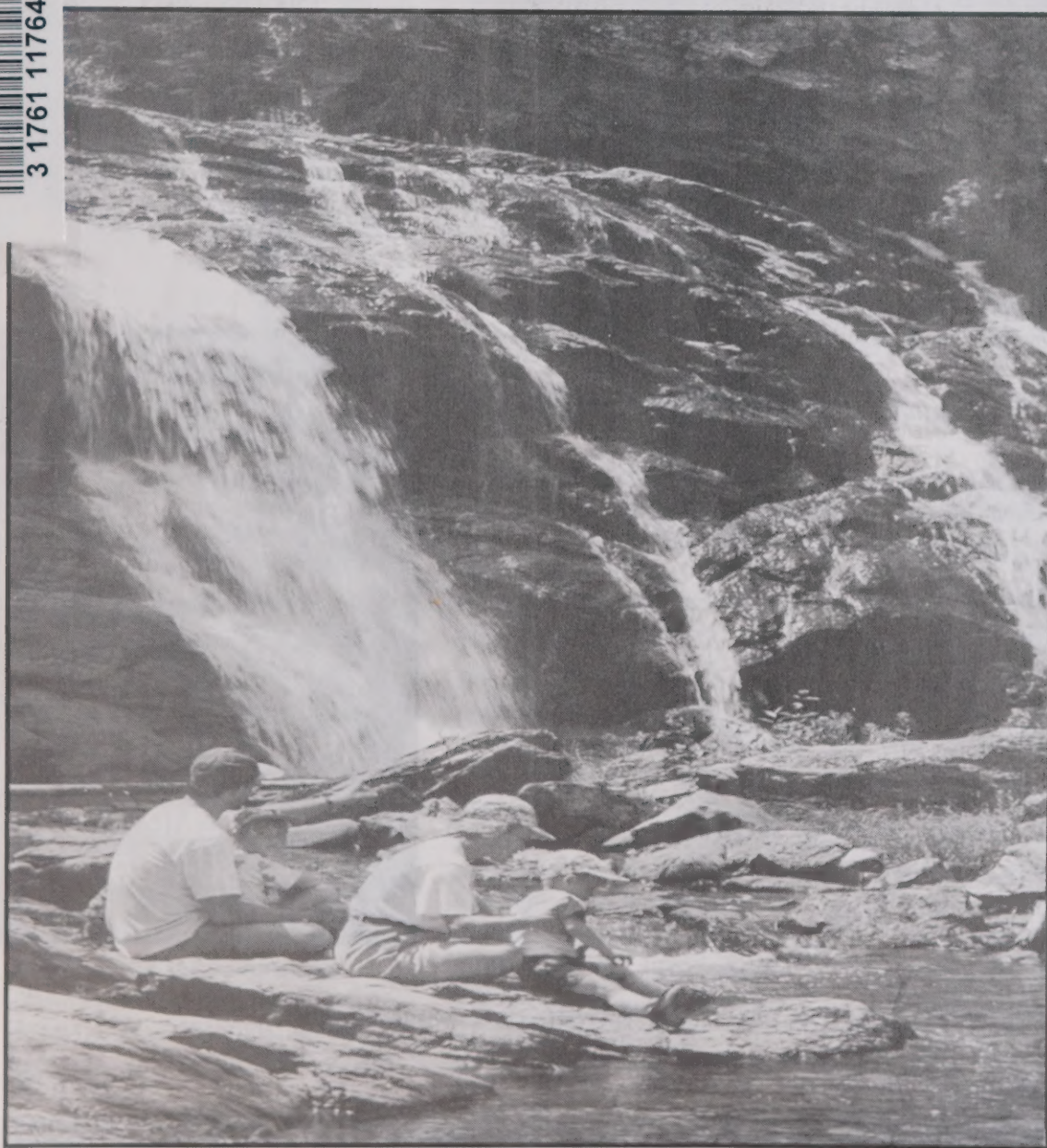
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Visitor Guide 1996



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SALT & FIR

Map
&
Trail
Guide
Inside!

Aussi disponible en français



Where to Find...

Dates & Hours of Operation

Page 4

Park Entry Fees

Page 5

How to Get to Fundy

Page 5

Interpretation Programs

Page 6

Tide Watching

Page 7

Camping Information

Pages 8 & 9

Recreational Activities & Fees

Page 10

Trail Information

Page 14

Trail Guide

Pages 15 & 18

Park Map

Centre page

Summers Past Along the Bay

Page 19

Comment Form

Page 22



First Aid:

Visitor Centre

Wolfe Lake Information Centre

All campground kiosks

Medical Services:

Alma Clinic (Tuesdays only)
(506) 887-2300

Clinic in Riverside-Albert
(506) 882-2911

Hospital in Riverside-Albert
24 km east of park, route 114
(506) 882-2750

Pharmacy, Riverside-Albert
(506) 882-2226

Salt & Fir is the official guide to Fundy National Park. The fees and information provided in the guide were accurate at the time of printing, but are subject to change.

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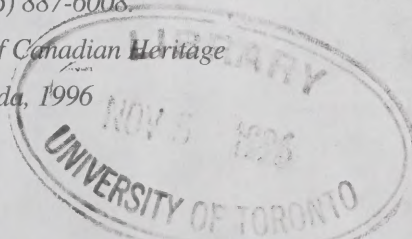
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Message from the Superintendent

When Fundy National Park was established in 1948, it became the first national park in New Brunswick and the 17th in a system of national parks that has been expanded to include 39 protected natural areas across Canada.

For the more than nine million visitors who have come to enjoy the sanctuary of Fundy's steep coastal cliffs, its tide-washed beaches and deep river valleys, there are some things that never seem to change. Most of our visitors like it that way, and indeed, Parks Canada's mandate is to ensure that these protected areas remain in their natural state, leaving them unimpaired for future generations. I hope you'll take the time to learn more about the wonders of Fundy during your stay. A wide range of programs is available throughout the season to

explain the many features of this special place. Park interpreters, attendants, wardens, the maintenance and administrative staff are committed to making your visit here a positive and memorable experience.

Many things have also changed over the past 48 years. One of the most significant changes is the introduction of certain fees and the increase of others. As a public agency, we are committed to providing a quality service. Where applicable, this will be done on a user-pay basis. For certain services, such as camping, we believe that there should be full cost recovery. In other words, people not using a service should not have to pay for it.

We want to ensure you are receiving value for your dollar. I sincerely ask

that you bring to our attention any comments that will allow us to improve the way we operate. This guide presents you with two opportunities to do just this: you'll find a comment form on page 22 and a questionnaire about *Salt & Fir* on page 21. As a special note to our regular visitors or to those who would like to become more familiar with the operation of the park, we welcome the opportunity to involve you more directly in the future of Fundy National Park. There will be many opportunities to do so in the near future. I look forward to hearing from you.

Again, welcome and enjoy your visit!

Dan Mullaly
Superintendent
Fundy National Park

Wolfe Lake: A Delicate Balance

Last summer, a small but beautiful creature starkly reminded us of the damaging impact we sometimes have on nature. The reminder was all the more troubling because as a national park, we are supposed to conserve and protect nature. This creature was a female Common Loon, nesting and raising two young chicks at Wolfe Lake. In early August, her beak became entangled in fishing line, restricting her ability to fish and to feed her two chicks, and causing her to lose weight.

In spring and fall, migrating Common Loons are often seen along the Bay of Fundy shore. They also stop to rest on Bennett

and Wolfe lakes in Fundy National Park. Young birds frequently visit Wolfe Lake in spring and in 1989, a pair succeeded in rearing two chicks. They have nested at Wolfe Lake every year since.

But they have succeeded against great odds. Their nesting activities are easily disturbed by human activity such as boating, particularly in late May and early June when they are choosing their nest sites. They also require a substantial amount of fish to survive and raise chicks. After monitoring this situation for several years, park researchers have concluded Wolfe Lake can barely support our two beautiful

loons. It is a small lake that does not produce very many fish. In fact, there are so few fish in the lake, the male loon often has to fish on nearby lakes to feed his family. **It is for these reasons that fishing and boating will no longer be permitted on Wolfe Lake.**

Perhaps nothing reminds us more of the wilderness surrounding us than the haunting call and spontaneous dive of our resident Common Loons. Please help ensure they remain a part of Fundy's wildlife by respecting the closures.





The Essentials

For information, you may contact us by telephone, by regular or electronic mail, or by fax.



Fundy National Park
P.O. Box 40
Alma, New Brunswick
E0A 1B0



Telephone: (506) 887-6000



Fax: (506) 887-6008



TDD: (506) 887-6015



Electronic mail:
Fundy_info@pch.gc.ca
(for information requests,
please include your name,
address and postal code)

Dates & Hours of Operation

Visitor Centre (506) 887-6000

Spring

May 17 - June 13
Weekdays:
8:15 a.m. - 4:30 p.m.
Weekends:
10:00 a.m. - 6:00 p.m.

Summer

June 14 - September 2
Daily:
8:00 a.m. - 10:00 p.m.

Fall

September 3 to October 14
Weekdays:
8:15 a.m. - 4:30 p.m.
Weekends:
10:00 a.m. - 6:00 p.m.

Services

- ✓ Park information
- ✓ Entry permits
- ✓ Fishing permits
- ✓ Interpretation programs
- ✓ Wilderness camping:
reservations & payment

- ✓ Group camping:
reservations and payment
- ✓ Day Adventures:
information & voucher sales
- ✓ First aid

- ✓ Fundy Night Life ticket
sales (\$)
- ✓ Special events tickets
- ✓ Photocopying (\$)
- ✓ Faxing (\$)
- ✓ Restrooms

Wolfe Lake Information Centre (506) 432-6026

Spring

May 17 - June 13
Friday - Sunday:
10:00 a.m. - 6:00 p.m.

Summer

June 14 - September 2
Daily:
8:00 a.m. - 9:00 p.m.

Fall

September 3 - October 14
Friday - Sunday
10:00 a.m. - 6:00 p.m.

Services

- ✓ Park information
- ✓ Entry permits
- ✓ Fishing permits

- ✓ Day Adventures:
information & voucher sales
- ✓ Restrooms

- ✓ First aid
- ✓ Bookstore

Wheelchair Accessible Facilities



- Visitor Centre
- Wolfe Lake Information Centre
- Headquarters Campground
- Chignecto Campground

- Boardwalks and viewpoints at Alma Beach,
Caribou Plain Trail and Point Wolfe
- Seawinds Restaurant
- Swimming Pool



Park Entry Fees

Your park entry fee provides access not only to the park, but to many unforgettable experiences! Your daily entry fee includes access to and use of:

- 110 kilometres of hiking, biking and self-guiding trails
- interpretation programs and exhibits
- playgrounds and baseball diamond
- park roads
- picnic areas and cooking shelters, including supplied firewood
- information services and brochures

This year Fundy National Park will be changing to a per person entry fee. The government policy of equity in charging user fees requires that all people pay an equal fee for a service of equal value. The previous system of vehicle-based fees did not meet this principle. For instance, motorists entering the park with only one occupant were required to pay the same fee as motorists entering with several passengers. The new system ensures that visitors entering the park receive equal treatment whether they arrive alone or in a group.

Personal Entry Fee (per person fee)	Daily	4-Day	Seasonal	Early Bird Seasonal*	Regional Seasonal
Adult	\$3.00	\$ 9.00	\$15.00	\$12.00	\$25.00
Senior (65+)	\$2.25	\$ 6.75	\$11.25	\$ 9.00	\$20.00
Age 6 -16	\$1.50	\$ 4.50	\$ 7.50	\$ 6.00	\$10.00
Family	\$6.00	\$18.00	\$30.00	\$25.00	\$60.00
Age 0 - 5	Free	Free	Free	Free	n/a
Commercial Tour	\$2.25	n/a	n/a	n/a	n/a
Non-profit Tour	\$1.25	n/a	n/a	n/a	n/a

**available until June 19, 1996*

How to Get to Fundy...

Fundy National Park is located near the Village of Alma, New Brunswick, on provincial Highway 114. There is no public transportation directly to or from the park. The nearest bus terminals are in Sussex and Moncton. Airports are located in Moncton and Saint John.

By car from Fredericton: take Trans-Canada Highway 2 east towards Moncton, then take Highway 114 at exit 430.

By car from Saint John: take Highway 1 east, then Trans-Canada Highway 2 east towards Moncton. Take Highway 114 at exit 430.

By car from Moncton: head south-west on Highway 114, or take Trans-Canada Highway 2 west towards Saint John/Fredericton, then take Highway 114 at exit 430.

Safety Check—Moose

While travelling on Highway 114 between dusk and dawn, beware of moose emerging from the forest. They're becoming more common in Fundy and the surrounding areas. Drive with caution and slow down for increased safety.



Discoveries to be Made...

Fundy National Park is waiting to be discovered... by you! Interpretation programs, self-guiding trails, viewpoints and exhibits help you discover the natural and cultural wonders of the Fundy coast and forests. Whether you explore the park with an interpreter or at your own pace, you'll learn about the park's rich natural and cultural history, a heritage that Fundy holds in trust for all Canadians.

Join an Interpreter

From late June to mid-October, Fundy National Park offers interpretive programs on everything from the great tides of Fundy to its changing forests. **A detailed schedule of the following events is posted on park bulletin boards, at park information centres and at campground kiosks.**

Scheduled guided walks go ahead **RAIN or SHINE**. Why not join us for a refreshing walk in the rain? In the event of bad weather, evening programs at the Headquarters outdoor theatre move indoors to the Assembly Hall.

Guided Walks

Beach walks are offered most days during July and August. You'll explore the bottom of the sea, watch the tide rise and discover a world of unusual creatures. The distance walked is usually less than one kilometre. To better enjoy the beach walk, we suggest you wear old sneakers or rubber boots. Other guided events explore Fundy's forests, rivers and lakes.

Ask an Interpreter

Check out the schedule for changing locations and stop by for a few minutes (or longer!) to chat with a park interpreter about Fundy's natural or cultural heritage.

Evening Programs

Every evening at dusk, the lights dim at the Headquarters outdoor theatre, where an interpreter will take you on a journey through the park or into the past with slides, music or drama. Programs last about one hour. If the night is cool, bring a coat or blanket, and if it's warm, bring insect repellent.

Campfire Programs

Songs, stories and a cheery blaze await you once a week at the campfire circle across the highway from Chignecto campground. Bring your best singing voice, a flashlight and a mug for a hot treat.

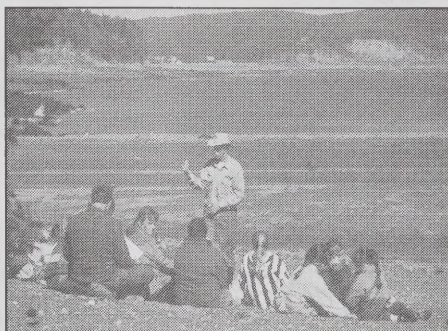


Photo: Barrett & Mackay

Special Events

Woodland walks. Star-gazing. Birdwatching. Watch the bulletin boards for special events throughout the summer. Participation may be limited for some activities. If so, you can pick up free advance tickets at the Visitor Centre.

Kidstuff

This is the time for children 6 to 12 years of age to explore the outdoors with games, drama and art. They'll learn to play gently in our national park so that it will always be here to enjoy. These events last one hour.

Viewpoints and Signs

Take in the view and exhibits at any of the following areas:

- * See the tidepole and tidal flats at the **Alma Beach boardwalk**.
- * Find out about the land we walk on today at the **Headquarters area**.
- * Focus on marine life and Fundy's history at **Herring Cove**.
- * Enjoy the view and learn about the weather at **Butland look-off** (on Highway 114, one km northwest of the Visitor Centre)
- * Learn about the covered bridge and Peregrine Falcons at the **Point Wolfe bridge and viewpoint**.



Discoveries to be Made...

The Great Tides of Fundy—A Must See!

The Bay of Fundy's giant tides have always fascinated visitors... and with good reason! Along the shores of Fundy National Park, the water rises and falls as much as 13 metres twice each day. Check the park bulletin boards for tide schedules and head to one of the following locations to get a unique look at the mighty tides of Fundy:

*Alma Beach (east entrance)

A boardwalk leads you across the dunes to an exhibit and a telescope from which you can examine the 13-metre-high tidepole. At low tide, step down onto the beach and explore the sea floor.

*Cannontown Beach (by the pool)

Perhaps the best place to explore at extremely low tides. Several times each month, a small offshore bar connects to the mainland and reveals rich intertidal life.

*Herring Cove (Point Wolfe Rd.)

Take the short trail down to the cove that quickly fills up at high tide. Seaweed-draped rocks, small tidal pools, mud flats and a sea cave await you.

*Point Wolfe

A 10-minute walk through a spruce forest brings you to the estuary where the Point Wolfe River meets the bay.

At high tide, the cove is flooded and the river swells in size.



Photo: Brian Townsend

At low tide you can wander by the river or beneath the cliffs.



Photo: Brian Townsend

Self-Guiding Trails

These trails guide you with information panels on unique features found in the area.

Caribou Plain is an easy 3.4 km loop through bogs and the Acadian forest.

Kinnie Brook is a moderate 2.8 km trail through a rocky river valley with a mysteriously vanishing stream!

Dickson Falls is an easy to moderate 1.5 km loop that takes you to a picture-perfect waterfall.

Devil's Half Acre is an easy 1.1 km loop that shows off Fundy's geology.

Shiphaven is an easy 1 km trail that takes you back to the time of the lumberjacks and outlines the demise of the Atlantic Salmon.

Animal Watching

Watching wildlife is an exciting part of visiting a national park and to do so you'll need three things: **patience, quiet and luck!** Remember to keep your distance and to treat the animals with respect... for your safety and theirs. Please do not feed the animals. Animals that are fed frequently may start to expect handouts and become aggressive towards people. Here are a few suggestions on where to look for some of Fundy's animals:

- * **Peregrine Falcons:** soaring over Alma Beach.
- * **Moose:** lakes and swamps at dawn or dusk, in particular in the area from Bennett Lake west to Wolfe Lake.
- * **Beavers:** Bennett, Lavery and Wolfe lakes and Caribou Plain.
- * **Deer:** roadsides, old fields.
- * **Coyotes:** roadsides, especially Highway 114 up to Lavery Road; old fields; sometimes heard near Micmac.

Safety Check

—Black Bears

Black bears are wild residents of Fundy. Please keep trails and your campsite clean and report all bear sightings to park staff. Do not try to feed or approach them. For more information about black bears, consult the brochure *You are in Black Bear Country*.



Camping: A Fundy Experience!



Fundy offers 4 family campgrounds and 15 wilderness campsites, each with its own special characteristics. All campsites are allocated on a first-come, first-served basis.

Reservations are not accepted for family campgrounds, but are **required for wilderness sites**. If space is not available in the fully-serviced sites, you may place your name on a waiting list and attend a roll call the following day. Overnight visitors to the park receive a discount at the park pool (see table on page 10 for rates).

Family Camping

Family campgrounds offer you two climates. Head to Chignecto or Wolfe Lake for heat and sun; to Headquarters and Point Wolfe for cooler temperatures and sea breezes. All family campgrounds have telephones nearby and kitchen shelters with picnic tables, woodstoves and firewood.

Chignecto is a large, wooded campground with both serviced and unserviced campsites. Newly renovated, it features more serviced sites with firepits, some of which are larger, new service

buildings, bike trails, wheelchair accessible facilities, washers and dryers. Firewood may be purchased at the campground parking lot.

Point Wolfe is a quiet, open area with excellent scenery and hiking trails nearby. Returning visitors will notice one major change this year at Point Wolfe: the park has recently installed firepits in about half of the sites in this campground. Firewood may be purchased at the service building.

Headquarters campground has sites for tents, trailers and RVs and is located near the amphitheatre,

baseball diamond, tennis courts and golf course. It's also within easy walking distance of the Village of Alma.

Wolfe Lake is a small, unserviced campground, located 20 kilometres from the eastern park entrance and the Village of Alma.

Methods of Payment

We accept Canadian and American funds, traveller's cheques, Visa and Mastercard. U.S. exchange rates are posted daily.

Campground						Services	Fees (per night) (entry fee also required)	
Chignecto May 17 - October 14	✓	✓	✓	✓	✓	<ul style="list-style-type: none">• dump station• playground• firewood sales• flush toilets• bike trail	Unserviced	\$10.00
Headquarters May 15 - 20 June 14 - September 2	✓	✓	✓		✓	<ul style="list-style-type: none">• dump station• flush toilets	Unserviced	\$11.00
Point Wolfe June 28 - August 19	✓		✓	✓		<ul style="list-style-type: none">• flush toilets• playground• firewood sales	Unserviced	\$10.00
Wolfe Lake May 15 - October 14	✓					<ul style="list-style-type: none">• pit toilets	Unserviced	\$ 8.00



Wilderness Camping

Looking for an inexpensive and challenging way to enjoy Fundy's natural features? Try low impact camping at one of the 15 wilderness campsites. You'll find sites on the Goose River, Marven Lake, Tracey Lake, Foster Brook and Upper Salmon River trails. To use these sites, you must register in advance at the Visitor Centre or by calling (506) 887-6000. Wilderness sites cost \$2.00 per night per person. Make your payment when you pick up your permit. Campfires are permitted only where fireplaces are provided, but we encourage the use of backpacking stoves at all times. For more tips on low impact camping, inquire at the Visitor Centre.



Photo: Brian Townsend

Group Camping

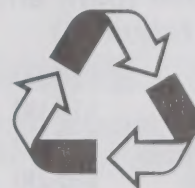
The Micmac campground is available to organized groups wishing to use the park for educational or recreational purposes. Sites must be reserved in advance and the cost is \$2.00 per person per night (in addition to the park entry fee). Certain rules and conditions apply to these sites, so call or write the park for reservations and more information.

Recycling

At Fundy "R&R" has two meanings: rest and relaxation, and **REUSE AND RECYCLE**. Help us keep garbage out of landfills by recycling the following items at the blue recycling stations:

- ☞ **Clear and coloured glass** (empty and washed, no metal caps and no broken glass please)

- ☞ **Household plastics** (empty and rinsed—the whole load of plastic cannot be recycled if it includes unwashed items)
- ☞ **Aluminum cans** (empty please)
- ☞ **Brochures** can be used by other visitors, so place them in the green re-use bins at campground exits or park information centres.
- ☞ Drop off your **refundable beverage containers and newspapers** at the Redemption Centre at Maples Canteen on Highway 114 at Riverside-Albert.



Tips and Reminders:

Camping can be a wonderful outdoor activity, especially when you arrive at a neat, clean campsite. By following the tips below, everyone camping at Fundy will have a pleasant and safe holiday.

- ☞ To get the camping season off to a safe and enjoyable start, an alcohol ban will be in effect at all family campgrounds during the Victoria Day weekend (May 17-20).
- ☞ If you're bringing your pet along, please remember to keep it on a leash at all times and to clean up after it both on trails and within the campgrounds.
- ☞ Please keep your site clean. Use the garbage bags provided by the park (supplied on request).
- ☞ Do not feed the animals. Animals that are frequently fed by humans may start to expect handouts and can become aggressive towards people.
- ☞ Be considerate of other campers by respecting the quiet hours of 11 p.m. to 7 a.m.



Suggestions for the Curious and the Active

Fundy National Park is known not only for the variety of its natural features but also for the wide range of activities available to its visitors. Read on to find out just how much there is to do and see at Fundy. We're certain that you'll find something to your liking.

Golf

Located in the Headquarters area, a picturesque nine-hole golf course is open from May 17 to October 14. Call the Pro Shop at 887-2970 to reserve your tee-off time. In addition to the fees below, seasonal green fees are available for individuals, couples, families and juniors. Enquire at the Pro Shop or any information centre. The Pro Shop also rents equipment and golf carts.

Green Fees (park entry fee also required)

9 Holes	\$10.00
1 Day Pass	\$19.00
4-Day Pass	\$57.00
7-Day Pass	\$95.00

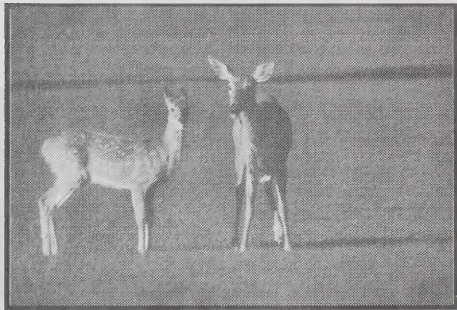



Photo: André Corneiller

Swimming

A heated saltwater pool is open daily from June 22 to September 2, 11:00 a.m. to 6:45 p.m. Lifeguards are on duty and last admission to the pool is at 6:30 p.m. The pool is located off the Point Wolfe Road. Campers and overnight visitors to the park receive a discounted admission.

	Campers & Overnight Visitors	Day Visitors (park entry fee also required)	
	Daily	Daily	Ask about
Child	\$ 1.00	\$ 1.75	our weekly and
Adult	\$ 1.50	\$ 2.75	season passes.
Family	\$ 4.00	\$ 7.25	

Unsupervised swimming is possible at the Bennett Lake and Wolfe Lake beaches, but not recommended on the shores of the park. Swimming in the Bay of Fundy is best at Waterside and Dennis beaches, 12 kilometres east of the park on Highway 915.

Boating

The park's lakes are open to non-motorized craft, **except for Wolfe Lake which is now closed to fishing and boating.** Canoes, rowboats, kayaks and sailboats may be rented at Bennett Lake.

Fishing

A national park fishing permit is required and may be purchased at campground kiosks, the Visitor Centre and the Wolfe Lake Information Centre. Brook trout season is May 18 to September 15. Although the catch limit is 5 trout per day, we encourage the catch and release practice. **Fishing and boating are no longer permitted on Wolfe Lake** and there is no open season for Atlantic Salmon in the park because of low salmon populations both in the park and

the adjacent inner Bay of Fundy rivers. For more information about which lakes, rivers and brooks are open to fishing, please consult the brochure *Angling Regulations Summary*, available at the information centres.

Tennis and Lawn Bowling

Tennis and lawn bowling are located adjacent to the Seawinds Restaurant in the Headquarters area. Equipment rentals are available at the Pro Shop from May 17 to October 14.

Tennis court	\$2.00/person/hr
Tennis racquets & balls	\$2.00/2 people
Lawn Bowling	\$2.00/person

Adventure Playgrounds

Hey Kids! Get your parents to bring you to the awesome playgrounds near the tennis courts or at Chignecto campground if that's where you're camping. You'll swing, slide, and climb on, through, over and between amazing play structures. And don't forget to play smart and play safe!



Greening the Greens



Over the last five years, Fundy has been striving to adopt more environmentally friendly practices for golf course maintenance. This came about through the Green Plan, when the park initiated a policy stating pesticides and herbicides would only be used as a last resort when dealing with disease and insects on the course.

This policy has changed the way we manage the turf at Fundy. We know that if we maintain a healthy body, we develop a greater resistance to disease. So, with the golf turf, we try to maintain healthy soil which in turn will

grow healthy grass. Although the park is authorized to use pesticides and herbicides in special cases, we're proud to say we haven't used them for several years. Instead, we use special techniques to get rid of pests and weeds. For example, we mix sand with park compost to use as a top dressing. Although these techniques may result in a slightly different turf, we're ensuring that the park environment is protected.


In recognition of our efforts and accomplishments, Fundy National Park has been invited to apply for membership in the Audubon Cooperative Sanctuary Program

for Golf Courses. Normally, golf courses must initiate the application themselves, so this invitation confirms that we're on the right track! The Audubon program provides course managers with technical advice and planning assistance. It also carries out public education programs and encourages golfers to participate in conservation programs.

If you have any questions or comments about our maintenance practices at the golf course, the Course Supervisor would be happy to hear from you. Enjoy your round!

Did You Know. . .

- There were two large lumber mills at Point Wolfe and Alma and dozens of portables throughout the interior of what is now Fundy National Park?
- There were villages at Point Wolfe, Hastings, Alma West (golf course), and Butland Settlement (Kinnie Brook area)?
- There were 26 vessels built at Alma and three small schooners built at Point Wolfe between 1852 and 1937?
- There was a railway line into Alma from 1892 to 1910?
- That the population of Alma Parish in 1881 was 1,283?
- The first woman in North America, the second in the world, to receive her master mariner papers for coastal waters was Molly Kool of Alma in 1939?
- There was a copper mine at Point Wolfe and several exploratory operations in the area for gold and coal?
- That fish weirs were first established near the swimming pool in 1840 when herring and shad were abundant?



Do you dare to explore the mysteries of the night alone? Well, you don't have to! Join a park naturalist for an evening journey through the forest. Under the stars, learn about the life of beavers, bats, moths and moose. At the bog, hear stories and legends of Fundy's past while you enjoy a light snack.

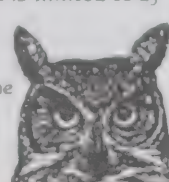
When: Sunday and Wednesday
9:00 p.m. in July
8:30 p.m. in August

Where: Caribou Plain trail on route 114

Cost: \$10.00 per adult, \$7.00 per child, or \$30.00 per family (2 adults, 2 children).

Tickets are on sale at the Visitor Centre. Enrollment is limited to 25 people.

Fundy Night Life is part of the New Brunswick Day Adventure Program





Scientists Play in the Park ~ You Can Too!

Science is a process for finding out how the universe works. The same curiosity that would make any preschooler proud leads the scientist from one question to the next. Here in Fundy, our scientists are full of curiosity,

but the question they ask is deadly serious:

How much uncut forest is needed outside the park to make sure that the plants and animals of our small national park can survive?

Check out our suggestions of zany things to do while you are here. The scientists have been there ahead of you, so go take a look and see what they see!

Ask for "More Rum" and See What You Get

It's mating season, mate!

WHERE TO GO:

- The beaver pond at the beginning of the Caribou Plains trail

WHEN:

- At dusk in late June or July

WHAT TO DO:

- Listen... male frogs are calling to females.
- Bullfrogs ask for "morrr-rum"—they're thirsty.
- Green frogs pluck a single string on the banjo—"gulk".
- Peepers "peep" until early July.

YOU TRY IT!

- Project from the back of your throat. Stretch out the "r" in "morrrr-rum".
- Let your throat go loose in "gulk".
- Say "peep" as high and fast as you can and you'll sound like a pond full of peepers. And be careful! Females are attacking nightly.

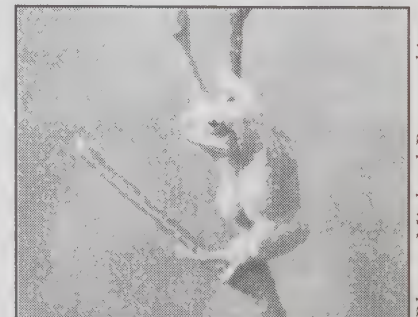
WHAT TO LOOK FOR:

- Glowing yellow patches in the grasses. These are the inflated throats of males who are sending visual signals to females. Females are much more modest. They don't flash or call.

If you continue along this trail, you'll pass hundreds of forest-dwelling frogs and salamanders. But you won't see or hear a thing. Salamanders have no voice and the wood frogs finish mating in May.

Scientists have been comparing amphibian populations in the park with those in the plantations outside the park to see how logging affects our woodland species in New Brunswick. They found as many as 33 000 red-backed salamanders per square km in Fundy's hardwoods!

But amphibians can't live in a plantation. A plantation usually has only one type of tree and the ground is too dry. It lacks rotting logs, sticks and stumps that these animals need as homes. So, many species that live in the forest are declining outside the park where natural forests are being replaced by tree plantations.



A spring peeper

Photo: Michael Burzynski

Hear the Call of the Wild

If all goes well this summer, it should be easy to pay a social call on our family of loons at Wolfe Lake. The pair returns each spring and nests at the water's edge during June. Loons need a lot of wilderness to inhabit an area. Imagine how mad they get when their wilderness lake is invaded by people in boats, in cars, in swimsuits, or fishing and tromping around the edge on the July long weekend. Even so, many summers the loons are able to raise two chicks.

WHERE TO GO:

- Wolfe Lake, at the shore by the Information Centre.

WHEN TO VISIT:

- During the evening calm while it is still light

WHAT TO WEAR/BRING:

- Binoculars for a closer look. (The loons will be decked out in formal, white tie. You're on holiday—wear what you please!)

WHAT TO DO:

- Listen for a variety of calls. See if you can guess what they are saying.
- Wail—It sounds like the howl of a coyote or wolf and is made by adults when they want to know their mate's location. Our male loon often goes fishing on other nearby lakes and wails to his mate upon his return, "Honey, I'm home!" (Try this in your family.)
- Laughing call—Nothing funny about it! It's an adult alarm call due to a disturbance of any kind. This is the only call they make while flying.



LOOK FOR:

- Baby chicks taking ferry rides on a parent's back—they'll do this during most of July.
- Parents passing fish to chick—parents feed their young most of the summer, even when the young are adult size.

Scientists watch the loons too. The birds are carefully monitored, even videotaped during the critical nesting period! From years of observation, a concern is growing for these vulnerable loons—the only ones in Fundy. The birds may call out hysterically, but it is the scientists who have to argue for their protection. So remember... no fishing or boating on Wolfe Lake!

Many Spiders are Afraid of Heights

Visit "web sites" you won't find on your computer!

WHERE TO GO:

- Evergreen woods or open fields

WHEN:

- Foggy days or dewy mornings

WHAT TO DO:

- Look for webs
- Blow gently on the spider at the web centre and she'll react by vibrating her web. If your spider magically disappears, she may be just bungee jumping! Look to see who's dangling below the web.



- Help your spider fix lunch by leaning in close. The bugs buzzing around your head will get caught and spider-wrapped.

Scientists trapping spiders in Fundy have discovered almost 90 species of spiders that are afraid of heights—they live on the forest floor. Most are smaller than the eraser end of a pencil. We're learning that spiders make up a big part of the forest ecosystem. What would snakes, salamanders, frogs and birds eat without them?



Trails for Everyone

Hiking is one of the most popular activities in Fundy National Park, and with almost 110 kilometres of trails, there's bound to be something to please everyone. Fundy's trails range from easy half-kilometre loops to a 50 kilometre circuit around the park.

The key to a safe, memorable hike is advance planning. A sweater and windbreaker are good insurance against Fundy's variable weather, and we recommend footwear with good traction and support, such as running shoes or lightweight boots. Please pack out what you pack in and avoid heavy lug-soled boots: they tear up the park's shallow soils.

The Fundy Circuit

Want to see Fundy's hidden treasures? Then gear up and hike the Fundy Circuit. The Circuit is a 50-kilometre network of 7 linked hiking trails (see map) that takes you through river valleys, past lakes and waterfalls, along the coast and through beautiful forests. The trip takes between 3 and 5 days to complete, and there are 3 wilderness campsites (for which you must pre-register) and 2 campgrounds along the way. It's best to hike the Circuit so that the Upper Salmon trail is the last leg of your journey.

The Fundy Challenge

We challenge you to hike 100 kilometres in Canada's national parks! The Fundy Challenge is a project sponsored by the Fundy Guild. It imposes no time limit for reaching this goal, so day-hikers can participate as easily as avid backpackers. You only have to walk 10 kilometres in Fundy. The rest can be completed in any national park. Record each hike in your official hiking log (available at park kiosks and information centres, and the Fundy Guild Bookshop) and have it initialed by a park employee. Participation is free, but you'll have to pay \$6.00 for the pin you receive once you've reached your goal. This fee covers mailing costs plus the tags you can add to your pin as you complete each additional 100 kilometres.

Mountain Biking

Mountain biking is allowed on 6 trails: Goose River, Marven Lake, Black Hole, Bennett Brook, (only to the top of Point Wolfe valley), East Branch (take the right-hand side trail to the river and return the same way), and Maple Grove. The first kilometre of the Goose River and Marven Lake trails is a steep climb, so be prepared! The other hiking trails are not built to withstand the wear and tear of bicycles and are too narrow. Remember to share the trail with hikers and use your head—wear a helmet!

BE PREPARED!

- ✓ Carry the appropriate clothing and equipment.
- ✓ Plan your route and stick to it.
- ✓ Know your physical limits.
- ✓ Tell someone your plan and estimated time of arrival.
- ✓ Bring water and food for longer hikes.

Auto Trails

This year, two changes are being planned to the park's auto trails. The first change is the permanent closure of the link on the Laverty Auto Trail between Shepody Road and the turnoff for the Laverty trailhead. This area will not be maintained, and it will be allowed to return to a natural condition.

The second change affects the Maple Grove and Hastings auto trails. In an attempt to provide safer walking and cycling access from Chignecto

Campground to the Headquarters area, Maple Grove will be closed to vehicles. It will remain accessible to pedestrian and bicycle traffic. Hastings will remain as a one-way route from Highway 114 to the Point Wolfe Road.

The purpose of these changes is to provide a more enjoyable park experience for the greatest number of visitors. Your comments on these changes are appreciated (comment form on page 22).

SAFETY CHECKS

✓ Swimming

Swimming in one of the park's rivers can be enjoyable, but dangerous if you're not careful.

- ✗ do not swim where the current is strong;
- ✗ always swim with a buddy;
- ✗ never dive into the river (rocks are hidden just below the surface).

✓ River Crossings

A number of trails require fording. When the water is high, crossing the river can be dangerous. Park wardens monitor water levels and close crossings when conditions are extreme. When this is the case, signs are posted at the trailhead to indicate the closure. If ever you're unsure about water conditions, turn around and retrace your steps... better a trail not hiked than a hiker not found!



Trail Guide

Although brief descriptions are provided below, we recommend that you purchase the *Fundy National Park Trail Guide* or *A Hiking Guide to New Brunswick* for more detailed trail information. They are available at the Visitor Centre and the Wolfe Lake Information Centre.

Park trails are grouped into four categories: easy (1), moderate (2), difficult (3), and very difficult (4). Easy trails consist of fairly flat terrain, with no major hills. Moderate trails require climbing occasional hills. Difficult and very difficult trails include extreme grades, rough terrain, and/or river fords. Unless otherwise indicated, **noted trail lengths and hiking times are for one way only**. Please note that **the time suggested for each trail is the average hiking time** and includes only brief stops. Plan carefully for a memorable hike!

REMEMBER...

- ☞ that your pet must be kept on a leash at all times;
- ☞ to be considerate of other hikers when bringing your pet on the trails; and
- ☞ to stoop and scoop everytime!



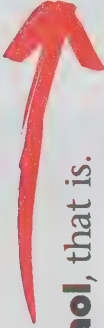
Trail & Classification	Length	Time	Highlights
COASTAL TRAILS			
Herring Cove Beach (2)	0.5 km loop	20 mins.	Access to beach and tidal cave.
Shiphaven (1)	0.5 km	15 mins.	Magnificent view of Point Wolfe estuary.
Point Wolfe Beach (2)	0.3 km	10 mins.	Descent to beach through towering red spruce forest.
Devil's Half Acre (1)	1.5 km loop	30 mins.	Split rocks and mossy gullies attributed to a quarrel with the devil.
Squaws Cap Loop (2)	4.5 km loop	1-1.5 hrs	Old wagon road and homestead foundations. Remarkable views of bay and Squaws Cap sea stack.
Matthews Head (2)	1.5 km	1 hour	Former homestead. Rock foundations. Breathtaking views of bay.
Coppermine (2)	4.4 km loop	2 - 2.5 hrs	Small footbridges over mossy brooks. Cool shaded forest, old mine site and great views.
Coastal (3)	3.2 km	1.5 - 2 hrs	Pool to Herring Cove: ridge-top view of rolling hills, Matthews Head, Squaws Cap sea stack.
	(3) 6.9 km	2-2.5 hrs	Herring Cove to Pt. Wolfe: fern glades and lush forest.
Goose River (2)	7.9 km	2-2.5 hrs	View of Martin Head and rugged cliffs at river. Sandbar at Goose River shielding a small salt marsh.
WATERFALL TRAILS			
Dickson Falls (1-2)	1.5 km loop	30 mins	Boardwalk through cool valley past tumbling cascades to a waterfall.
Third Vault Falls (3)	3.7 km	1.5-2 hrs	Park's tallest waterfall (16 m) in deep valley, with invigorating pool at its base.
Laverty Falls (2)	2.5 km	1-1.5 hrs	Trailhead to the brook. Curtain waterfall.
	(2) 2.6 km	1-1.5 hrs	Haley Brook to Shepody Road links up to Dobson trail.
RIVER VALLEYS			
Kinnie Brook (2)	1.4 km	3/4 hr	Steep-walled valley, disappearing stream, lush floodplain.
Foster Brook (3)	3 km	2-2.5 hrs	One ford on Point Wolfe River. Shaded forest.
	(3) 1.4 km	1 hour	From river to Marven Lake trail: wide cobble bar and floodplain. Steep climb to Marven Lake trail through older growth red spruce.



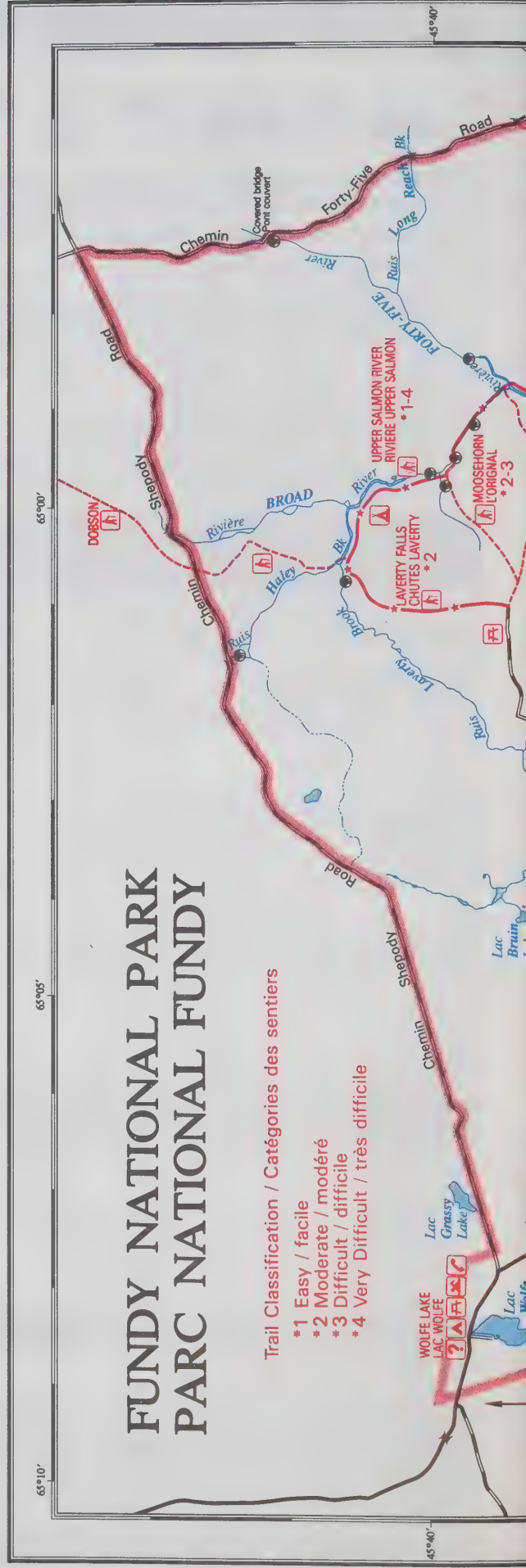
Albert County: More Things to Do than there are Birds at Mary's Point (Well, almost.)

Explore the Fundy Coastal Drive on routes 114 and 915 in Albert County. Pick up your **Albert County Tourism Map** at any Tourist Information Centre or at any local business. Here's just a taste of what you'll want to do...

- ⑥ Touch the world's largest flower pots carved by the world's highest tides at **The Rocks** Provincial Park in Hopewell Cape.
- ⑥ Explore the **ocean floor** on the Alma and Waterside beaches.
- ⑥ Enjoy Bay of Fundy **lobster**, the best in the world!
- ⑥ Rappel off a cliff at **Cape Enrage**... or visit the lighthouse.
- ⑥ Spend the day in jail! The Albert County **Museum-in-a-Gaol**, that is.
- ⑥ Travel back in time with the **Salem Hillsborough Railway**.



Paid for by the Albert County Tourism Association. **For more information, call (506) 734.2975.**





Trail Guide

Trail Classification: 1 = easy; 2 = moderate; 3 = difficult; 4 = very difficult.

Noted trail lengths and hiking times are for one way only. Time indicated is the average hiking time.

Trail & Classification	Length	Time	Highlights
RIVER VALLEYS			
Upper Salmon River			A spectacular introduction to Fundy's backcountry.
(2)	2.6 km	1-1.5 hrs	Begins at Lavery Falls. To Moosehorn: alder-lined floodplain, old dams, rapids, waterfalls, potholes, salmon pools.
(4)	1.8 km	1 hour	Moosehorn to Forks: 2 fords. Very difficult section with challenging rock-scrambling.
			(If hiking one of the loops, Lavery has easiest uphill climb.)
(3)	4.1 km	1.5-2 hrs	The Forks to Black Hole: 1 ford.
(3)	4.7 km	2 hours	Black Hole to Headquarters: 1 ford.
Moosehorn	(2-3) 2.2 km	1.5 hrs	Steep descent. Smooth riverbank rocks and potholes. Difficult return. Connects with The Forks and Upper Salmon trails.
The Forks	(2-3) 3.4 km	1.5-2 hrs	Broad River. Deep pools and scoured banks. Impressive canyon on Forty-Five River. Difficult return.
Black Hole	(1-2) 5.5 km	2 hours	Old road in hardwood forest. At the river, Atlantic Salmon rest in the fall before moving upstream to spawn.
Bennett Brook	(1) 6 km	1.5-2 hrs	This portion brings you to the river. Upper edge of brook valley, with spectacular views from bluff.
	(3) 1.7 km	1 hour	From river to Marven Lake: 2 fords (Bennett Brook and Point Wolfe River). Rocky climb to Marven Lake trail.
FOREST TRAILS			
Maple Grove	(1-2) 4 km	1.5-2 hrs	Wide trail through young, open hardwood forest. Beautiful fall colours. Uphill return.
Shaded Maples	(1) 0.5 km loop	15-30 mins.	Access via Maple Grove. Young hardwood forest, quartz outcrops, small springs, large variety of ferns.
Caribou Plain	(1) 3.4 km loop	1-1.5 hrs	Mixed forest, good birdwatching. Active beaver pond. A 0.5 km boardwalk is wheelchair accessible.
East Branch	(1) 5.6 km loop	2-2.5 hrs	Giant birch and spruce reminiscent of the original forest. Old log yard, logging dam and hauling road to the river.
Whitetail			Prime trail for seeing deer. Great view of Maple Grove.
	(1) 0.8 km	1/2 hour	Chignecto campground to Chignecto junction.
	(2) 2.4 km	1 1/4 hrs	Tennis courts to Chignecto junction.
	(2) 2.3 km	1 1/4 hrs	Chignecto junction to Point Wolfe Road.
	(3) 2.1 km	1 hour	Point Wolfe Road to Herring Cove.
	(2) 3.2 km	1.5 hrs	Section of Coastal trail to complete 10.3 km loop. Finish at pool.
LAKE TRAILS			
Tracey Lake	(1) 4.2 km	1.5 hours	Bennett to Tracey Lake: trails link four small lakes that are home to moose, black spruce and pitcher plants.
	(1) 2.8 km	1 hour	Tracey to Lavery Lake: may have wet areas.
Marven Lake	(2) 8 km	2-2.5 hrs	Leads to Marven and Chambers lakes. Both are shallow, dark and acidic with boggy edges. Home to brook trout, bullfrogs, moose and beaver.



Summers Past Along the Bay

For generations, Fundy's rugged coastline with its mysterious coves and precarious cliffs has lured explorers of all ages. The Micmac and Malecite nations, Italian explorers and French and Portuguese fishermen were all intrigued by the spruce-laden hills and by the abundance of shad, herring, and salmon in the bay's choppy waters.

Lumbering and farming brought the earliest settlers here seeking out the tallest trees and the richest soil from which to make a living. By the mid-1800s, these adventurous pioneers had branched off into shipbuilding. Young men captained schooners to the West Indies and Spain. Then, during the prohibition era earlier in this century, there was new intrigue on the high seas: rum running.

But, just as visitors come here today to take a break from their stressful lives, the hardworking families who once called this home took time out to enjoy their rich surroundings. Local resident Pearl Sinclair fondly recalls her days as a child on her father's farm at Herring Cove. Like most children, she always loved the outdoors. "We picked berries till you wondered how there would be enough bottles to hold them all," she recounted. She and her brothers and sisters climbed barefoot up a rocky hill that was teeming with berries.

The children would also explore the coastline, keeping one eye on the rising tide and another on the rocky ledges as they made their way to

Hunt's Hole between Herring Cove and Matthews Head. When the tide was at its lowest, they could safely pick dulse off the barnacle-encrusted rocks. The briny delicacy served as a night snack in the winter while they were reviewing their lessons. "We'd take it home and spread it out on old sheets, you know, outdoors on blankets and dry it in the sun," said Mrs. Sinclair. "You could almost taste the sea in it."

The children who grew up along the brooks in the park loved to go trout fishing. With a baited two-cent fish hook, held by string to a pole free for the cutting, they caught a dozen small fish at a time. After their day in the warm summer's sun, the children would make a run for the cool Bay of Fundy waters. "As a rule we got used to it and we'd play in it by the hour."

Summer is also a time for picnicking, and around the turn of the century

people took their picnicking seriously. On July 26, 1892, an excursion train loaded to capacity landed in Alma. Organized by the Albert Picnic Club, the day's activities included baseball, football, tug-of-war, and a greased pig contest. Sunday School picnics were also a major occasion for the local children. Lunch was spread out on a blanket in a field, and the children would cool off with raspberry or lemon juice after their games and races.

A stay in Fundy National Park will provide modern explorers with similar opportunities. And, after a day of swimming, hiking and beach exploration, you're bound to make the same important discovery that generations of parents along the coast have long held dear: the combination of sun, salt air and exercise is a great prelude to a wonderful night's sleep for adventurers of all ages.



Photo: Fundy National Park Collection

THE LONG AND WINDING ROAD—This narrow dirt road led to Herring Cove and Capt. William Rolfe's farm (left) in 1930. This is where local resident Pearl (Rolfe) Sinclair went berrying, fishing and dulsing when she was a girl. Visitors to Fundy National Park can now enjoy picnicking and beach walking at this same site.

You Can't Get Here from There

Getting to the protected forest of Fundy National Park is becoming impossible for many animals. The forest left behind after logging exists only in isolated patches. Follow the paths of the flying squirrels who live in these forest patches outside Fundy.

HOW MANY SQUIRRELS CAN YOU HELP FIND THEIR WAY TO THE PROTECTED FORESTS IN THE PARK?

Here are a few hints...

- A. Clearcuts -- gliding from stump to stump? No thank you!
- B. Select cuts -- so open and dangerous! There's a good chance owls will get you for lunch!
- C. Trees next to rivers are protected from cutting.
- D. Plantations -- too thick and bushy. No one can glide in there.

To see how you did, go to page 22 and look for answers E, F, G & H.



Tell Us What You Think

At Fundy, one of our goals is to make your stay as pleasant and memorable as possible. Part of this includes providing you with information on the park. We now need information **from you**: we want to know what you think of this guide. We would appreciate your taking a few moments to answer the following questions. Your answers will help us provide appropriate information to future visitors.

Once you have completed the questionnaire, tear out the page and drop it off at any of the park facilities or hand it to any of the park attendants.

Please circle the answer that corresponds to your opinion.

1 = excellent 2 = good 3 = no opinion 4 = poor 5 = unacceptable

General usefulness of guide	1	2	3	4	5
Ease of locating information	1	2	3	4	5
Appropriateness of information	1	2	3	4	5
Enjoyment level from reading guide	1	2	3	4	5
Format and layout of guide	1	2	3	4	5
New information learned	1	2	3	4	5
Usefulness of advertising section	1	2	3	4	5

Where did you obtain this guide?

- a. park information centre
- b. park dispenser
- c. by mail
- d. Tourism Information Centre
- e. local business
- f. other (please specify): _____

When would you like the guide to be available?

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Did you visit any of the businesses or attractions advertised in this guide? YES ___ NO ___

If yes, how many/which ones?

Is there information that was missing or something else you would like to see in this guide?

How did we do in providing information on:

Fees	1	2	3	4	5
Interpretation programs	1	2	3	4	5
Recreation activities and facilities	1	2	3	4	5
The environment	1	2	3	4	5
Safety	1	2	3	4	5
Trails	1	2	3	4	5
Local services	1	2	3	4	5

If you came back next year, where would you like this guide to be available?

- a. park information centre
- b. park dispenser
- c. by mail
- d. Tourism Information Centre
- e. local business
- f. other (please specify): _____

What was the best part of *Salt & Fir*?

General Comments _____

How many people in your group, including yourself, are in each of the following age ranges?

6-16 ___ 17-34 ___ 35-54 ___ 55-64 ___ over 64 ___

Have you visited Fundy National Park before?

YES ___ NO ___

If yes, how many times? _____



How Are We Doing?

Our job at Fundy is to protect and conserve our natural and cultural resources, and to educate the public about them. We also strive to provide you with excellent facilities and services. Your comments and suggestions are important to us because they help us improve how we operate.

We need to know about the great and not so great things going on in the park, so we encourage you to pass along your comments and concerns directly to our park attendants. That way, we can promptly address any questions or concerns you may have about facilities and programs. However, if you're a little shy or if you think of something after the fact, please fill in the form below and drop it off at any park facility, or mail it to us at:

Fundy National Park, P.O. Box 40, Alma, NB E0A 1B0.

Thank you for taking the time to share your views. We hope you enjoy your stay at Fundy!

Date _____ Name _____

Address _____

City _____ Province _____ Postal Code _____

Reply Requested YES _____ NO _____

Comments _____

So, which flying squirrel was able to come to Fundy?

(answer to the maze on page 20)

E: You made it! Thank goodness your forest patch was next to the river with its corridor of forest. But foxes love to move along the edge of forests and fields. They hunt intensively from the edges of the forest corridor. You were lucky not to get caught.

F: You're cut off from the park, but luckily for your great-grandsquirrels, your patch is still big enough to support enough squirrels to survive a long time. Here's hoping it doesn't shrink anymore!

G&H:

You can't get to the park from here! Your piece of forest is surrounded by harvested land. This means you are faced with clearcuts, select cuts and plantations. You'll probably be able to live here all right, but there is not space for enough other squirrels to keep going generation after generation.



Fundy National Park welcomes our advertisers to *Salt & Fir*. The businesses listed in the following pages are here to serve you. You'll find places to stay, eat, shop and visit. You'll even find an exciting adventure or two! So, whether you're gearing up for that 50-kilometre trek around the park, or winding down from a hard day's vacation, you'll be able to find what you need nearby...

.....Services and Stores in Alma

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..... Places to Stay

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Homestyle Country Inn on the Bay of Fundy
at the entrance to Fundy National Park.

Non-Smoking



Come Stay With Us Caledonia Highlands Inn and Chalets

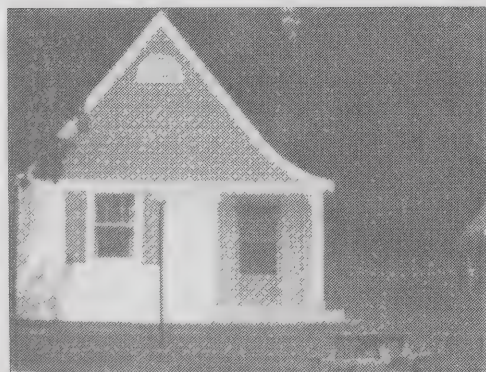
overlooking the beautiful

Bay of Fundy

Located in the Park Hills

Caledonia Highlands Inn is located in the Fundy park hills overlooking the golf course, swimming pool, playground and amphitheater with regular monthly programs. A restaurant and lounge is located adjacent to the golf course and tennis courts.

Each room and chalet is fully equipped with kitchen facilities and bathroom. The Chalets have a bed-sitting room which contains two double beds, colour T.V. and the other furniture required to provide the holidayer with comfortable accommodations.



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(October 20th to May 1st)

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Perth-Andover, N.B. E0J 1B0

(506) 273-4334

SUMMER

(May 10th to Oct. 20th)

Fundy National Park

P.O. Box 99

Alma N.B. E0A 1B0

Phone: (506) 887-2930



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SELECT

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35 minutes from Fundy National Park

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For information on
camping in Fundy
National Park,
see page 8.

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Bed & Breakfast



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Hopewell Cape
2 kms from the Rocks
Provincial Park

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Owner Aiko Hawkes

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Gateway to Fundy Park

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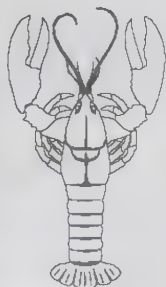


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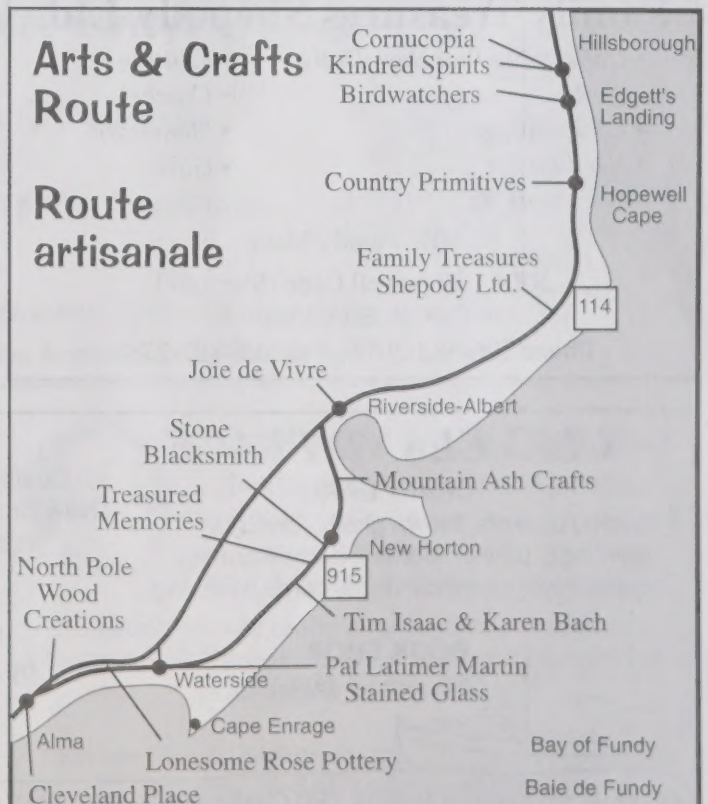
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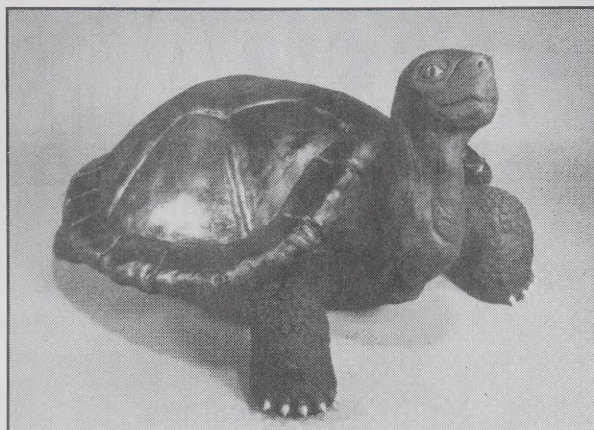
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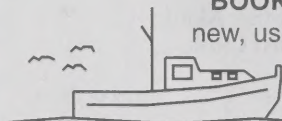
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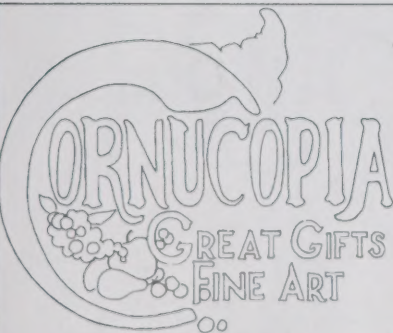
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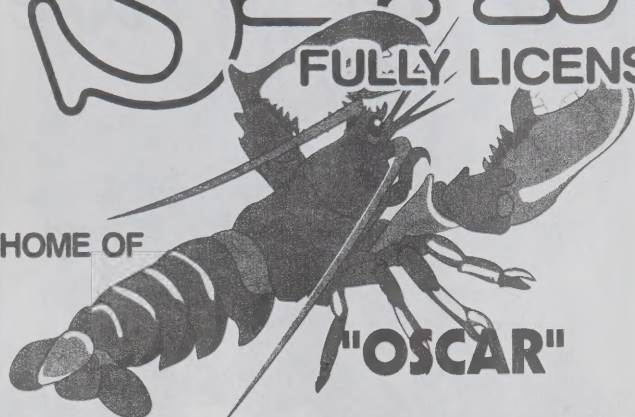
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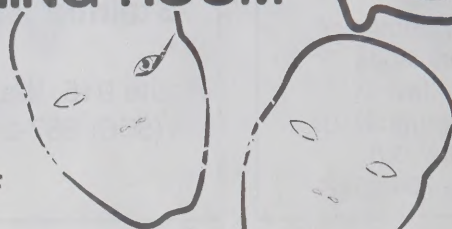
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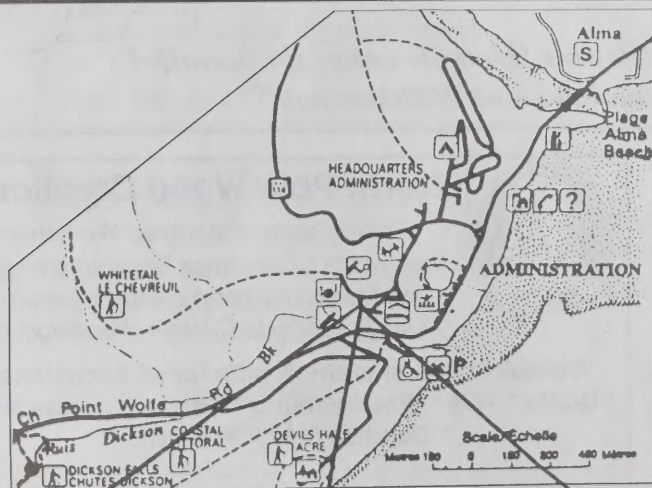


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